

THIS IS WHERE... WE HAVE ELEVATED THE LEVEL OF HEALTHCARE

For All of North Central West Virginia

Healthcare Specialists and State-of-the-Art Technology

- » Cancer Surgeries
- » Breast
- » Colon / Colonoscopy
- » Hernia
- » Gastrointestinal Endoscopy
- » Stomach
- » Thyroid
- » Minimally Invasive General Surgical Procedures
- » Urgent General Surgical Procedures
- » Gallbladder



Day of Surgery Checklist

- ☐ Bring a valid Photo ID and your insurance card.
- ☐ Wear loose and comfortable clothing.
- ☐ Bring an up-to-date medicine list with specific dosages.
- ☐ Leave all valuables at home.
- ☐ Bring any previous lab and/or radiographic X-rays / ultrasound / MRI tests.
- ☐ Remove nail polish, jewelry, and body piercings.
- ☐ Bring any inhalers from home.
- ☐ If you have sleep apnea and use a CPAP machine, please bring it with you.
- ☐ Bring a case for dentures, hearing aids, glasses, or contacts.
- ☐ Do not wear makeup, lotion or cologne / perfume.
- ☐ Do not eat or drink anything after midnight.



Arrive at United Hospital Center two hours before your scheduled surgery. On occasion, unforeseen circumstances require that we adjust surgery times. We will keep you informed if we are ahead of schedule or of any delays.

GENERAL SURGERY SPECIALISTS AT UHC



Marc L. Costa, MD, FACS

wvgeneralsurgery.com/costa

 **681-342-3400**

Board Certification

- » Certified American Board of Surgery
- » Fellow of American College of Surgeons

Residency

- » Mercy Hospital, Pittsburgh, PA

Medical School

- » University of Pennsylvania, Philadelphia

College

- » University of Pittsburgh, PA



M. Daniel Miller, MD

wvgeneralsurgery.com/miller

 **681-342-3400**

Board Certification

- » Certified American Board of Surgery
- » Member of American College of Surgeons

Residency

- » University of Kentucky, Lexington, KY

Medical School

- » West Virginia University, Morgantown, WV

College

- » West Virginia University, Morgantown, WV



Jeffrey W. Madden, MD, FACS

wvgeneralsurgery.com/madden

 **681-342-3400**

Board Certification

- » Certified American Board of Surgery
- » Fellow of American College of Surgeons

Residency

- » Mercy Hospital, Pittsburgh, PA

Medical School

- » Medical College of Ohio, Toledo, OH

College

- » University of Pittsburgh, PA



Benjamin Raymond, D0

wvgeneralsurgery.com/raymond

 **681-342-3400**

Board Certification

- » Certified American College of Osteopathic Surgeons
- » Member of American College of Osteopathic Surgeons

Residency

- » UPMC Horizon, Hermitate, PA

Medical School

- » Lake Erie College of Osteopathic Medicine, Erie, PA

College

- » Johns Hopkins University, Baltimore, MD



Sugam Vasani, MD, FACS

wvgeneralsurgery.com/vasani

 **681-342-3400**

Board Certification

- » Certified American Board of Surgery
- » Fellow of American College of Surgeons

Residency

- » University of Texas, Galveston, TX

Medical School

- » Kasturba Medical College, Mangalore, India

Fellowship

- » Transplant Surgery Baylor University, Dallas, TX

11-50 CAN I EAT OR DRINK BEFORE SURGERY?



It is common for doctors and surgeons to advise patients not to eat for at least eight hours prior to surgery and sometimes up to 12 hours. While this might sound excessive, there is a very good reason for it.

Eating even a single cracker or taking a sip of water significantly increases the likelihood of complications during or after your surgery.

If you do have anything to eat or drink after midnight or the cut-off time given in your surgical instructions, we will need to cancel the procedure. Even if you are able to reschedule the surgery, it means you must go for a longer time with the pain or other issues that led to the recommendation for surgery in the first place.

Since most surgeries take place in the morning, you will likely be sleeping for a good portion of the time that you must fast from food and liquid. Depending on your specific surgery, it may be necessary to complete a bowel preparation procedure as well. This removes stool and food from the inside of your digestive tract to ensure that neither prevents you from receiving the surgery you need.



Eating or drinking anything less than eight hours before surgery can be riskier than you would believe. We encourage you to just not do it and to follow all other pre-surgical instructions as well. If you have additional questions or concerns, please contact UHC Physician Referral Line at:



1-800-607-8888

wvgeneralsurgery.com